

CROISSANT	SOUP 6
Plain 3	Served with sourdough, Please ask for our daily selection
Chocolate 3.5	BIGGER
Almond 3.5	BIGGEIX
All served with berry compote	Butter beans, tomato & caraway on
	sourdough toast vg 8
SANDWICHES on sourdough or GF bread	+ Poached egg 1.5
•	+ Spinach 1.5
Avocado open v 7.5 Soft boiled egg, chilli & tomato jam & sesame seeds Breakfast sourdough 7	Merguez sausage & poached egg gf 12 Served with hash browns & harissa Goats cheese & balsamic onion tartlet
Crispy Prosciutto, rocket, tomato & mayo	Served with olive tapenade & baby leaf salad v 12
Olive tapenade open vg 7.5 Artichoke, cherry tomatoes, spinach & balsamic	FLATBREAD PIZZA or NACHOS gf
Kim-cheese toasty v 6	Sun-dried tomato, mozzarella & olives v
Mature cheddar & kimchi, served with pickled onions 'Ham & cheese' toasty 7	Prosciutto, mozzarella & pickled onion
Prosciutto, mozzarella, served with chilli & tomato jam	Stilton, spinach & artichoke hearts v
Stilton & balsamic onion toasty v 6 Served with pickled onions	Goats cheese, chilli jam, & rocket v 8.5
Pastrami, emmental & pickle toasty 7.5	
Served with mustard mayo	SIDES
Add a side of soup to any sandwich 4 SALADS	Hash browns, spring onion & cheddar gf Baby leaf salad, mustard dressing gf vg Hummus/olive tapenade & flatbread vg
Hummus vg gf 10	4
Gravlax carrot, spinach, pomegranate & black sesame	SWEET
Grilled goats cheese gf 12	
Prosciutto, green beans, olives, tomato & soft boiled egg	Chocolate brownie 4
Moroccan salad, garlic flatbread vg 11	Flapjack gf 3.5
Beluga lentils, apricots, almonds, pepper, harissa dressing	Greek yoghurt Granola & berry compote gf 6

COFFEE **SMOOTHIES** Flat white 3 Pineapple & kale 6 Cortado 2.9 Banana, almond, peanut butter, honey Cappuccino 3.3 Banana & strawberry 6 3.3 Latte Granola, chia, Greek yoghurt 2.9 Americano Ginger, turmeric & mango 6 Espresso 2.5 Banana, chia, cinnamon, honey, almond milk Macchiato 2.6 Blueberry & avocado 6 Mango, chia, almond butter, coconut, maca, honey Mocha 3.6 Hot chocolate 3.5 4 (With whipped cream & marshmallows) We also have a selection of beer, wine & spirits, please ask! **TEA**

Breakfast tea	2.5
Speciality	2.7
Green Boost, Red berry & Hibiscus, Earl grey, Triple Mint,	
Camomile	

SODA

Karma cola	3
Karma gingerella	3
Iced tea	3
San pellegrino lemon	2.8
San pellegrino pomegranate	2.8
Folkington's pure orange juice	2.6
Folkington's pure apple juice	2.6
Sparkling water	1.9